

## HELPING STUDENTS FIND THEIR BEST POST-SECONDARY FIT

# MULGRAVE SCHOOL

The culmination of a Mulgrave education lies in the options that become available to our students as they graduate. As such, our University Counselling Department (UCD) is committed to informing, enhancing, and guiding students and parents in all aspects of post-secondary planning.

### GUIDANCE AND PERSONALISED SUPPORT

- Post-secondary action planning starts early with G9 students and families regarding course selection, career and programme choices, and universities of interest.
- One-on-one support for students and parents with university applications, including:
  - Admissions requirements
  - Essay writing and review
  - Document submission
  - Interviews
  - Scholarship applications (i.e. Loran Award, Schulich Scholars, and others)
  - Admission and deferral decisions
  - Gap year considerations
- Access to summer academic/experiential programmes, including:
  - SHAD enrichment and entrepreneur programme
  - Yale Young Scholars
  - YSP (Youth Summer Programme) at U of Toronto
  - Stanford
- Facilitate career exploration through career events and securing job shadowing opportunities
- Available throughout the summer regarding admission offers and for any other questions

#### **Mission Statement:**

The University Counselling Department is committed to informing, enhancing, and guiding the Mulgrave community in all aspects of post-secondary planning.

#### **Mulgrave's University Counselling Team**

- ✓ **Luke Lawson**
- ✓ **Leah Verdone**
- ✓ **Joyce Tang**

### RESOURCES

- Provide easily accessible, web-based information on topics such as:
  - SAT/ACT preparation advice
  - Scholarship opportunities
  - Summer enrichment choices
  - External career exploration events
  - University open houses, and much more!
- Counsellors remain informed on pertinent university issues, trends, and information for the school community by attending national and international university counsellors' conferences, including:
  - National Association for College Admission Counselling (NACAC) Annual Conference
  - UCAS International Advisors' Conference
  - CIS Counsellors' Conference
  - CAIS Canadian Counsellors' Conference

### OUTREACH

- Visit universities and speak with admissions representatives to enhance networking and direct contacts with key institutions in the US, UK, and Canada. Recent visits include Harvard, UPenn, MIT, Princeton, UCLA, Cornell, St. Andrews, Oxford, UCL, Imperial, Cambridge, and LSE
- Promote university acceptances within the school and wider community
- Meet with alumni at their current universities locally, nationally, and internationally to stay connected and facilitate mentorship opportunities with current students

### EVENTS AND WORKSHOPS AT MULGRAVE

- PSAT testing for G10 students and many of the other admissions tests for Oxford/Cambridge/UK medical schools
- Parent information sessions, including open door events, MVP meetings, and coffee mornings
- UK application workshops with assistance for writing the Personal Statement
- UBC application workshops to support writing all admissions essays
- US essay writing (Common Application and Supplementaries) workshops
- Public university fairs (UK, VAIS and CUE) and individual visits from over 100 post-secondary institutions each year
- Mulgrave is the only SAT/ACT testing centre on the North Shore