PREPARATION FOR UNIVERSITY

AND LIFE 2021-2022

MULGRAVE SCHOOL

The International School of Vancouver



















MISSION

Inspiring Excellence in Education and Life

VISION

By inspiring excellence – the continuous pursuit of personal best – in education and life, Mulgrave strives to equip lifelong learners to thrive in a culturally diverse and interdependent world and to embrace, with passion and confidence, their responsibility always to do their best to support others and to make a difference by serving their communities, both locally and in the world at large.

OUR VALUES

AT MULGRAVE

- Individual values are based on personal integrity and acting with respect towards others.
- Our sense of community and friendship is founded on humility, empathy, commitment and inclusion.
- Lifelong learning is built upon curiosity, creativity, agility, and innovative thinking
- A global perspective and environmental and social responsibility are central to becoming true world citizens.
- All members of our community strive for wellbeing and balance and understand that striving for one's personal best should be enjoyable.

THE MULGRAVE GRADUATION YEARS EXPERIENCE

Our Senior School is composed of Grades 10, 11, and 12 with 274 students in total. The Grade 10 year is the last year of our IB Middle Years Programme and provides an excellent foundation for our two-year Diploma Programme and our Enriched Pathway (Grades 11 and 12).

The International Baccalaureate-based curriculum we provide at Mulgrave creates the opportunity for our students to experience a rigorous, comprehensive, balanced, and exceptionally rewarding education. We pride ourselves on offering our students the opportunity to be creative, critical, and independent thinkers. We believe that it is important to develop intercultural skills and a flexible mindset that will allow them to thrive in the changing world they will inhabit. It is, therefore, imperative to provide our students with a holistic education that merges academic achievement with the development of life skills attained through involvement in athletics, service and leadership, the arts, outdoor education, and global outreach.

GRADE 10

In the final year of MYP, Grade 10 students enjoy an array of course options, including specialised science and arts classes. Within the humanities, students are required to take an innovative Global Citizenship course which encompasses social justice and human rights, peace and conflict, sustainability and poverty, as well as an investigative engaged citizen project (IB Personal Project). This year of introduction to the Senior School solidifies our students' IB understanding and prepares them for the challenge of the final two years.

GRADES 11 & 12

Mulgrave students graduate with the IB Diploma and the British Columbia (BC) High School 'Dogwood' Diploma or with a combination of IB courses and the 'Dogwood' Diploma.

INTERNATIONAL BACCALAUREATE DIPLOMA PROGRAMME

The IB Diploma is recognised world-wide as an academically rigorous programme that develops deep and broad subject knowledge, conceptual understanding, and the key 21st century skills of critical and creative thinking, problem solving, service, and intercultural communication. Key features of our IBDP are the requirements to study a reflective epistemology course, Theory of Knowledge, and to write a research paper (the Extended Essay), both of which are excellent preparation for high-level university study.

MULGRAVE'S ENRICHED PATHWAY

About 20% of our senior students choose to follow an enriched pathway to graduation. They customise their programme with selected IB courses and BC accredited courses in order to pursue their commitments to athletics, the arts, or other interests. These students benefit from the rigour of our IB programme and create a balance that allows them to manage demands on their time while excelling in other areas of their education.

GRADES 11 & 12

IB COURSE SELECTION AT MULGRAVE

Group 1 Language	English A Language & Literature English A Literature Chinese A Language & Literature School Supported Self-taught Language A (SLonly)	
Group 2 Second Language	French	
Group 3 Individuals & Societies	 Economics Geography History Philosophy Business Management (Online) Psychology (Online) 	
Group 4 Sciences	Biology Chemistry Environmental Systems and Societies (SLonly) Physics	
Group 5 Mathematics	Mathematics: Analysis & Approaches Mathematics: Applications & Interpretation (SLonly)	
Group 6 The Arts	Film	
Core	Extended Essay Theory of Knowledge Creativity, Activity, Service	

HOLISTIC EDUCATION

Mulgrave prides itself on a holistic education that is focussed on developing students' personal skills and qualities alongside high-level academic achievements. Our education, in line with the IB philosophy, is broad, and our students actively participate in service learning and leadership activities, the creative and performing arts, athletics and outdoor education pursuits, in addition to their core academic programme. Character Education classes offer students an opportunity to develop personal and practical skills including networking and career development.

STUDENT ENTREPRENEURSHIP

The entrepreneurial mindset is one of the most sought-after skills in the job market these days, and in a future that we can't predict. Networking, building relationships, problem solving, grit, resilience, financial management, communication are all desirable attributes, whether one wants to follow a traditional career path or start a venture.

The Mulgrave Centre for Young Entrepreneurs and Changemakers (MCEC) offers programmes for students with an interest in starting or further developing businesses and social enteprises that will create positive change in our world. Programming is available for Middle Schools students through our co-curricular and elective offerings and to Senior School students through an after-school YELL Entrepreneurship 12 course.

APPROACHES TO LEARNING SKILLS

In an increasingly challenging and changing world, skill development is crucial to enable our students to be successful, fulfilled, and happy in work and life. Approaches to Learning (ATL) skills are embedded in our IB programmes, giving students key tools for their studies and beyond.

MULGRAVE MYP & DP ATL SKILLS

SKILL	SUB SKILL	I AM ABLE TO
COMMUNICATION	PUBLIC SPEAKING AND PRESENTING	Speak in public, make presentations and write confidently across genres and audiences, using various techniques & media Organise and depict information logically
	DEBATING AND DISCUSSING	Formulate an argument Participate in formal and informal discussions & debates articulating views and opinions clearly and coherently
	SOCIAL COMMUNICATION	Communicate confidently and effectively in social situations Listen with empathy and read non-verbal cues
SOCIAL	COLLABORATION	 Actively, respectfully, and productively collaborate, virtually and face to face, to create a product Manage and resolve conflict, build consensus, make fair and equitable decisions, listen actively to other perspectives, negotiate effectively, and encourage others to contribute Exercise leadership and take on various roles within groups
	DIGITAL CITIZENSHIP	Effectively manage personal online digital presence with an understanding of rights, responsibilities, and the law Use technology and social media responsibly and effectively for personal and career development Demonstrate and use digital literacy to enhance learning & understanding
	RELATIONSHIP	Develop, sustain, and understand relationships with family, friends, peers Demonstrate empathy by understanding others' values and perspectives
	INTERCULTURAL	Embrace ideas, cultures and connections Be open-minded to different perspectives Adapt behaviour according to the cultural context
SELF MANAGEMENT	METACOGNITION	Understand self as a learner and organise accordingly
	ORGANISATIONAL	Manage time, tasks, and information effectively, efficiently, and productively to be accountable for actions and behaviour Plan, prioritise, and take action to achieve goals Be flexible to change
	AFFECTIVE	Practice mindfulness Through self-motivation, develop self-confidence, perseverance, resilience, and regulate emotions Manage my well-being, social and emotional needs, health & stress Recognise technology distractions and when to limit devices
	REFLECTION	Give and receive meaningful feedback Use experiences and accomplishments for reflection and learning Set, assess, review and revise my goals
RESEARCH	INFORMATION LITERACY	Form a research question Find, select, edit, prioritise, interpret, and reframe information Evaluate information sources Respect academic integrity by giving credit
	DIGITAL LITERACY	Select and use appropriate online tools to find, filter, edit, prioritise, organise, and present resources
THINKING	CRITICAL THINKING	Solve problems and make ethical decisions Analyse and evaluate data, issues or ideas, and draw reasonable conclusions Gather and logically organise data/information, sift relevant from irrelevant, and model with technology where appropriate Apply computational thinking
	CREATIVE AND INNOVATION	Generate new ideas and consider alternatives Develop things and ideas in new and imaginative ways Develop artistic intention Explore the future of our society and environment and consider problems Be entrepreneurial
	TRANSFER	Utilise skills and knowledge from one subject in multiple contexts Understand connections between practical work and theory, knowledge, and application

UNIVERSITY & CAREER COUNSELLING AT MULGRAVE

GUIDANCE AND PERSONALISED SUPPORT

- Post-secondary action planning starts early with G9 students and families regarding course selection, career and programme choices, and universities of interest.
- Our four dedicated university counsellors provide guidance and advice on extra curricular activities related to arts and culture, athletics, sciences, service and leadership, work experience, and volunteer opportunities both internally and externally.
- We provide in person and online one-on-one support for students and parents with university applications, including:

Admissions requirements
Essay writing and review
Document submission
Interview preparation
Tour support

Admission and deferral decisions
Gap year considerations
Career exploration
Scholarship applications (Loran
Award, Schulich Scholars, and others)

- We provide support in applying to summer academic/experiential programmes nationally and internationally.
- Throughout the year, we visit universities and speak with admissions representatives to enhance networking with key institutions in the US, UK, and Canada. Recent visits include Imperial College London, Durham, Bristol, Cambridge, U of Glasgow, UPenn, Georgetown, UCLA, and UBC.

RESOURCES

 The department provides easily accessible, web-based information on topics such as:

SAT/ACT preparation advice Scholarship opportunities Summer enrichment opportunities External career exploration events University open houses, and much more

• Counsellors remain informed on pertinent university issues, trends, and information by attending national and international university counsellors' conferences, including:

NACAC (National Association for College Admission Counselling)

UCAS (Universities and Colleges Admissions Service)

CIS (Conference of Independent Schools)

CISC (Canadian Independent School Counsellors)

IACAC (International Association for College Admission Counselling)
IB Workshops

EVENTS AND WORKSHOPS AT MULGRAVE

- Parent information sessions, including Open Door events, MVP meetings, coffee mornings, counsellor office hours
- UK application workshops to assist with writing the Personal Statement
- UBC application workshops to support writing the UBC Personal Profile
- US essay writing (Common application and supplementaries) workshops
- Public university fairs (UK, VAIS, and CUE) and individual visits from over 100 post-secondary institutions each year
- Mulgrave is the only public SAT testing centre on the North Shore

MULGRAVE'S UNIVERSITY & CAREERS COUNSELLING TEAM

The University and Careers Counselling Department is committed to informing, enhancing, and guiding the Mulgrave community in all aspects of post-secondary planning.

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Leah Verdone (Team Leader) Iverdone@mulgrave.com



THE INTERNATIONAL SCHOOL OF VANCOUVER

APPLY TO MULGRAVE

All details on applying to Mulgrave, including the steps and timeline, FAQs, and opportunities to visit our campus are available at **mulgrave.com** in the Admissions tab. We look forward to hearing from you.

FINANCIAL ASSISTANCE

Thanks to the generosity of our community to our Momentum Annual Fund, Mulgrave is able to offer financial assistance (full or partial tuition) to new students entering Grades 7 to 11. Assistance is offered to applicants who will benefit from our programmes, actively contribute to our community, and whose family demonstrates financial need (as evaluated by third-party Apple Financial Services).

CLASS OF 2022



82 Students in the Class



Average DP Class Size

Bilingual Diplomas

Awarded



BC DOGWOOD DIPLOMA



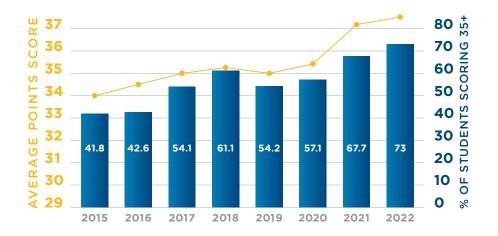
BC DOGWOOD DIPLOMA & IB COURSES



BC DOGWOOD DIPLOMA & IB DIPLOMA

100% Matriculation & Acceptance

MULGRAVE'S IBDP RESULTS 2022









MULGRAVE'S GLOBAL UNIVERSITY PLACEMENTS

CANADA



USA

24

INTERNATIONAL



GAP YEAR

2

ALUMNI ENGAGEMENT

Mulgrave's growing alumni network offers not only a continued community for our graduates but also connections for our Senior School students. Grade 11 and 12 students are able to connect with alumni through their Character Education classes to get first-hand insight into the transition from Mulgrave to post-secondary, specifics about various universities and programmes, and to network for the future.



CLASS OF 2022 PROGRAMMES OF STUDY

Architecture

Art History

Biomedical Sciences

Rusiness

Commerce

Communication & Media

Computer Science

Creative Writing

Engineering

Fashion

Film

Fine Arts

General Studies

Humanities

International Relations

Kinesiology

Law

Liberal Arts

Life Sciences

Mathematics

Medicine

Nursino

Public Policy

Social Sciences



Scan the QR code for a full list of 2022 university

MULGRAVE ACCREDITATIONS













FIND YOUR FIT MULGRAVE CLASS OF 2022

Finding the right fit for post-secondary study is a deeply personal experience for our graduates. Through self-reflection and joint exploration with their university counsellor and loved ones, they are able to hone in on the things in their orbit to which they are most drawn. That might be programmes of study, extra-curricular passions, or personal connections that they hold dear.

Sometimes, the answers are obvious, and other times, they take more effort to tease out from the plethora of options. Regardless, each student puts a great deal of consideration into creating a future that is the perfect fit for them... explore at **findyourfit.mulgrave.com**



RYAN SHOKRAVI

ENGINEERING, UNIVERSITY OF BRITISH COLUMBIA

Ruminative | Slightly Stubborn | Romanticist

Ryan knew that his university pathway was destined for engineering after his Extended Essay which involved creating an electric motor. The practical application of lessons learned from his physics classes, combined with his sheer determination, allowed Ryan to overcome the challenge of building the engine and fixing it when it didn't go as planned. "Mulgrave will always be a place that I aim to revisit. I hope to stay as close to the community as possible even long after graduation."



ZIYAN HEMANI

BUSINESS/SPORTS MANAGEMENT, HURON UNIVERSITY

Compassionate | Humorous | Open-minded

Ziyan is a lifelong Mulgravian, studying here since Kindergarten. His joint passions for economics and athletics help make his choice of studying business and sports management a straightforward one. "Mulgrave has helped me become more open-minded and more confident when taking these next steps to university."



CAITLYN TONG

HUMANITIES, UNIVERSITY OF TORONTO

Strong-headed | Fun | Talkative

Caitlyn's love of psychology and her desire for broad post-secondary studies led her to select humanities at the University of Toronto. She credits her two years in the IB DP programme at Mulgrave with preparing her for what's next and the development of a solid approach to work-life balance.



ZOE LAXTON

GAP YEAR, VOLUNTEER TEACHING IN TANZANIA

Optimistic | Resilient | Kind

Inspired by an ongoing friendship with a Mulgrave exchange student from Germany, Zoe has decided to take a gap year to teach in Tanzania, deferring her double major in history and Spanish. When looking at universities, she considered two criteria: a city location and the ability to do a one-year exchange in a Spanish-speaking country. Regular meetings with her university counsellor allowed her to plan for milestones well in advance and narrow down her to-do list to ensure a smooth application process. "The IB at Mulgrave is quite demanding but so helpful for international school applications. Through the programme, we also develop wonderful time management skills."

